

Advent Wreath

Part of the Advent tradition is lighting a candle each week to symbolize the growing expectation and light we experience as Christ-followers during this season. Advent wreaths are used in homes and churches around the world. You may choose to light candles with children, use battery-operated candles, or have children color a candle on the provided Advent wreath coloring page. Do you whatever you are most comfortable with!

To learn more about the history and significance of Advent wreaths, visit the URL below:

https://www.umc.org/en/content/ask-the-umc-what-do-the-candles-in-our-advent-wreath-mean

Activities & Prayers

Activities and prayers are adapted from Celebrate Wonder All Ages Curriculum, Deep Blue Digital Curriculum, and Hero Hotline VBS. All Scriptures are taken from the Common English Bible. If you enjoy the activities provided in this guide, visit www.CokesburyKids.com to check out these resources.

Using this Guide as a Children's Ministry Leader

Permission is granted to distribute printed and electronic copies to the families in your ministry. You may also choose to use this resource or its components in a variety of ways in the programs you offer.

Using this Guide as a Parent

There is no one "right way" to use this resource at home, but here are some tips to help you get started!

- 1. Set aside time each week to color or light your Advent wreath, read the story, and spend time together.
- 2. Have your children help light candles, read the Scripture passage, and lead in the prayers and discussion.
- 3. Don't feel like you have to have all the right answers or do it perfectly.
- 4. Document things your children say or memories that you make as a special keepsake.







Week 1: Hope

Scripture

Jeremiah 23:5

Activity

Christmas Countdown

To help mark the days of Advent leading up to Christmas, use construction paper to make a paper chain to use as a countdown. Cut the construction paper into 29 1-inch-wide strips (one for each day of Advent). Then, loop a strip and staple together, creating a chain as you go. Display your chain somewhere you will see it often. Each day, remove a link from the chain and discuss together:

What was special about today?

How did you experience God today?

Share

One definition of hope is to trust in God's promises. What gives you hope? How do you share hope with others?

Advent Wreath

If you are using an Advent wreath, light or color the first candle.

Liturgy/Prayer

Let's take a moment and ask the God who still speaks to us to help us listen. This prayer is a call and response. I'll say a line, then we will all respond with "Lord, help me listen; Lord, help me pray."

Leader: God who still speaks, help me to hear your voice in the stories, poems, and prayers of the Bible.

All: Lord, help me listen; Lord, help me pray.

Leader: God who still speaks, help me hear your voice in the words of the prophets.

All: Lord, help me listen; Lord, help me pray.

Leader: God who still speaks, help me hear your voice in nature, creation, and in the majesty of all you designed.

All: Lord, help me listen; Lord, help me pray.

Leader: God who still speaks, help me hear your voice in music, art, and all the ways you've given us to express ourselves.

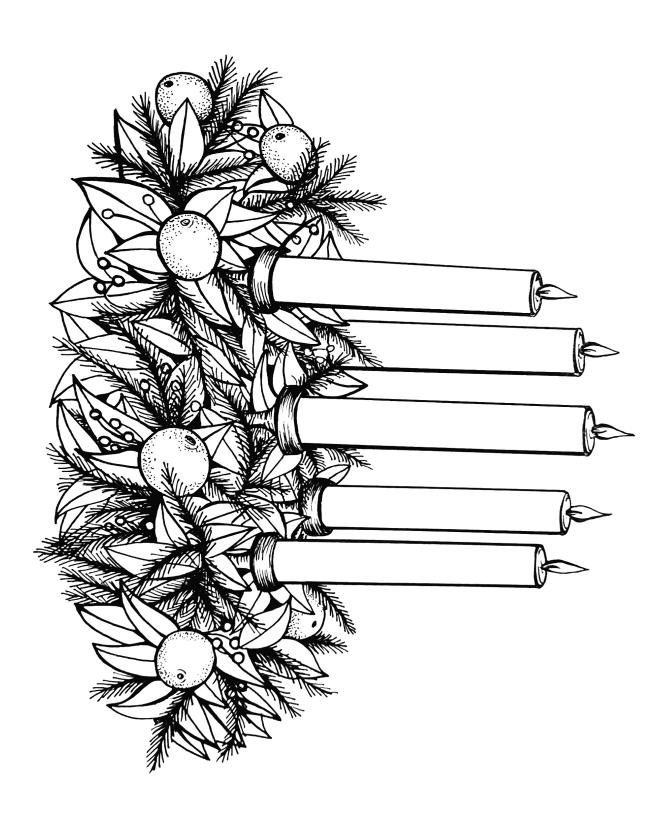
All: Lord, help me listen; Lord, help me pray.

Leader: God who still speaks, help me hear your voice in the words, faces, and presence of those who love me.

All: Lord, help me listen; Lord, help me pray.

All: Amen.

Week 1: Hope





Scripture

Matthew 1:18-24

Activity

Names for Jesus

Work together to look through the Bible and find different names for Jesus. Look up Matthew 1:23, Isaiah 9:6, and John 11:25-27 and write down all the names for Jesus you find. Choose your favorite name for Jesus and use any arts or crafts supplies you have on hand to create a special ornament that represents that name. Hang the ornament on your Christmas tree to remind you of Jesus.

Share

Read "Joseph's Story" together. How did Joseph show love to Mary and Jesus? Have you ever felt like God was leading you to do something? Share about it.

Advent Wreath

If you are using an Advent wreath, light two candles or color the second candle.

Liturgy/Prayer

Repeat after me each line of this rhyming prayer:

Some of us are short. Some of us are tall.

Some of us perform ballet. Some of us play ball.

Some of us are young. Some of us are old.

Some of us like warm. Some prefer the cold.

Everyone is different, but one thing stays the same:

God loves every one of us and knows us all by name.

All of us can follow wherever God may lead,

And all of us can show God's love to those who are in need.

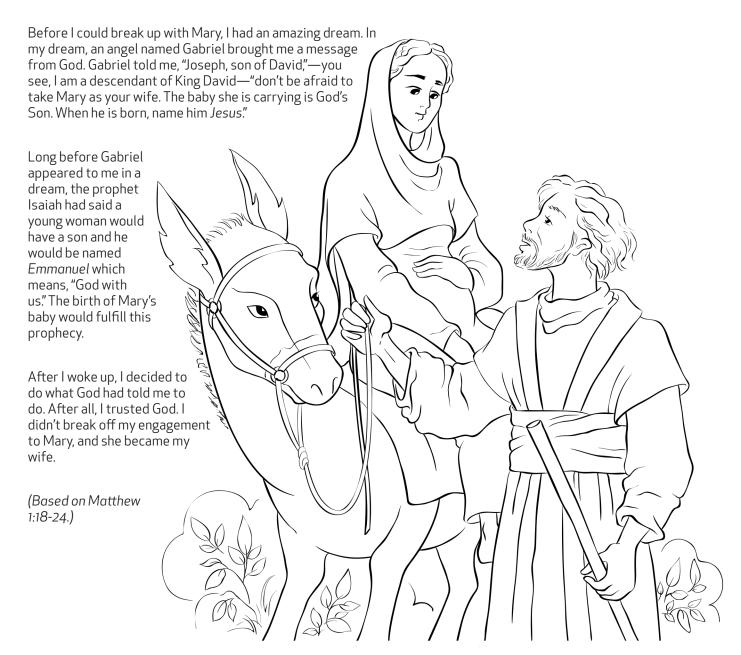
Amen.

Week 2: Love

Joseph's Story

Hi, my name is Joseph. You may have heard of me. My wife, Mary, was the mother of God's Son. That made me Jesus' earthly father. But I'm getting ahead of myself. I want to tell you about something that happened before Jesus was born.

Mary and I were engaged, but we weren't married yet. Mary told me she was pregnant. I knew I wasn't the baby's father and since we were engaged, the law said I was allowed to make a big deal out of this and disgrace Mary publicly. That didn't seem right to me and I wanted to be kind to Mary, so I decided I would break off our engagement quietly.





Scripture

Luke 1:26-38

Activity

Angel Cookies

Use a favorite cookie recipe, such as a sugar cookie or shortbread cookie recipe, and use an angel cookie cutter to shape the cookies as angels. Use icing and sprinkles to decorate your cookies. As you enjoy your "Angel Cookies," talk about how you have experienced joy this Advent season.

Share

Read "Mary's Story" together. What was the good news that the angel shared with Mary? What is the best news you have ever heard? How did it make you feel?

Advent Wreath

If you are using an Advent wreath, light three candles or color the third candle.

Liturgy/Prayer

Today, we are going to join in a litany that reminds us of the joy of Christmas. Your response will be, "Thank you, God, for the gift of Jesus!"

Leader: The angel Gabriel visited Mary and told her she was going to have a baby.

Children: Thank you, God, for the gift of Jesus!

Leader: Mary visited her relative, Elizabeth, who was also pregnant. Elizabeth's baby jumped for joy at the sound of Mary's voice.

Children: Thank you, God, for the gift of Jesus!

Leader: Joseph and Mary traveled to Bethlehem to enroll in the tax lists.

Children: Thank you, God, for the gift of Jesus!

Leader: Jesus was born in Bethlehem, and Mary laid him in a manger because there was no room for them in the guestroom.

Children: Thank you, God, for the gift of Jesus!

Leader: The angels told the shepherds of Jesus' birth, and the shepherds hurried to Bethlehem to find the baby Jesus.

Children: Thank you, God, for the gift of Jesus!

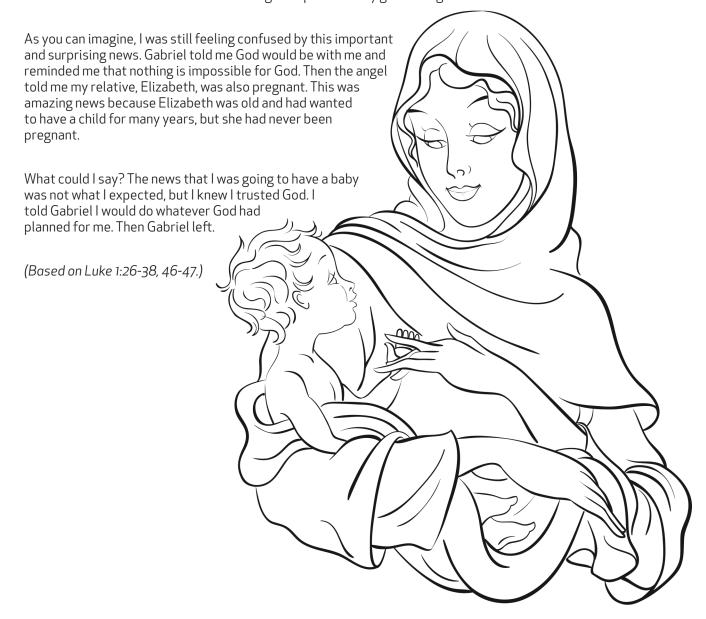
Leader: Amen.

Week 3: Joy

Mary's Story

My name is Mary. You have probably heard of me, and I'm sure you've heard of my son, Jesus. Today I want to tell you about the time I found out I was going to be Jesus' mother. I was engaged to Joseph, but we weren't married yet. I was still living in my father's house in Nazareth. One day an angel visited me. Can you believe that? I wasn't sure what an angel would want with me.

The angel told me his name was Gabriel. I must have looked as frightened as I felt when he appeared because his first words to me were, "Don't be afraid, Mary. God is honoring you." Then Gabriel told me I was going to have a baby. A baby? I was sure I had heard incorrectly. But Gabriel said the baby was going to be God's Son, and I was to name him Jesus. Gabriel told me he would grow up to do many great things.



Week 4: Peace

Scripture

Luke 2:1-7

Activity

Christmas Cards

The wonder of the Christmas story is something to share! Use construction paper, markers, stickers, wrapping paper scraps, and other art supplies to create Christmas cards for your friends and neighbors. Consider using Bible verses from Luke 2 or lyrics from your favorite Christmas hymn as the message in your cards.

Share

Read "Jesus' Story" together, then listen to your favorite version of "Silent Night." What do you feel when you hear the night of Jesus' birth described? What do you think it would have been like to have been there the night that Jesus was born?

Advent Wreath

If you are using an Advent wreath, light four candles or color the fourth candle.

Liturgy/Prayer

Let's take a moment and spend time with the God who calls us to bring peace. For this prayer, we are going to pray for people in our world to find ways to work together. I'll say a sentence, then we all will respond with "Lord, hear our prayer."

Leader: God who calls us all to work together, we pray for ourselves and ask that you help us remember that working together honors you and all your creation, including us.

All: Lord, hear our prayer.

Leader: God who calls us to strive for the things that bring peace, we pray for the leaders in our world so they can make working together for the good of all your children their top reason for leading.

All: Lord, hear our prayer.

Leader: God who calls us to strive for the things that build each other up, we pray for the parents and caregivers in our lives so they will work together with each other and us to build up good in our lives.

All: Lord, hear our prayer.

Leader: God who calls us to be in community, we pray for the leaders in our faith to work together to always point us to the things that bring peace and the things that build each other up.

All: Lord, hear our prayer. Amen!

Week 4: Peace

Jesus' Story

Hi! My name is Jesus. You've probably heard of me. I'm God's Son. I could tell you many stories about the things I did during my time on earth, but today I want to tell you about the day I was born.

My mother, Mary, lived in Nazareth. She was engaged to be married to a man named Joseph, who also lived in Nazareth. At that time, Caesar Augustus was the emperor and he decided everyone in the empire needed to be enrolled in the tax lists. Caesar said everyone had to travel to the city their family was from in order to sign up. This meant Joseph had to travel to Bethlehem, also known as David's city, because he was a descendant of King David. Since they were engaged, Mary went with Joseph to Bethlehem even though she was pregnant.

When Mary and Joseph got to Bethlehem, there were many other people there too. People had traveled from all over to register for the tax lists. Because Bethlehem was crowded, there was no place for Joseph and Mary in the guestroom. While they were in Bethlehem, Mary gave birth to me! She wrapped me up snugly and laid me in a manger. That's right—even though I'm God's Son, my first bed was an animal's feed box.

(Based on Luke 2:1-7.)



Christmas

Scripture

Luke 2:8-20

Activity

Shepherds' Staff Breadsticks

Using refrigerated breadstick dough or pizza dough, have children shape the dough into a shape resembling a shepherd's staff. Place the dough on a baking sheet. If desired, brush the breadsticks with melted butter and add your favorite seasonings. Bake the breadsticks according to the package directions. Enjoy your breadsticks as a special snack or have them alongside a Christmas meal. Share the breadsticks with one another to remind you that the good news of Jesus is meant to be shared!

Share

Read "Shepherds' Story" together, taking turns reading the story or assigning parts. You may also choose to have children act out the Christmas story. Why do you think the shepherds were the first ones to hear about the baby Jesus? What would you have done if you had been the first person to hear about Jesus?

Advent Wreath

If you are using an Advent wreath, light all four candles plus the Christ candle, or color the center Christ candle.

Liturgy/Prayer

For this session's prayer and worship time, let's use our imaginations and our senses to experience the different parts of this story of grace in our minds. Close your eyes and try to imagine each scene as I read these prompts. Consider what you see, what you hear, what you smell, what you feel, and maybe even what you taste. Notice how God's grace shows up in these scenes.

- The shepherds guarding their sheep in the fields.
- The Lord's angel telling the shepherds,
 "Don't be afraid!"
- The great assembly praising God.
- The shepherds finding Mary, Joseph, and baby Jesus.
- The shepherds telling everyone about Jesus and the people being amazed
- Mary thinking about and remembering everything that was happening.
- The shepherds returning home, praising God.

God of grace and God of glory, thank you for this amazing story of hope, love, joy, and peace. As we move beyond the time of Advent, give us the grace to be people who do the things that bring peace and build each other up. Amen.

Christmas

Shepherds' Story

Narrator: After Jesus was born in Bethlehem, there were shepherds

in a field nearby who were watching their sheep at night. Suddenly, there was a bright light and an angel stood

before them. The shepherds were terrified!

Don't be afraid! Look! I bring good news to you-

wonderful, joyous news for all people. Your Savior is born today in David's city. He is Christ the Lord. This is a sign for you: you will find a newborn baby wrapped snugly and lying in a

manger.

Narrator: Suddenly, a great assembly of angels was

present and they were praising God, saying, "Glory to God in heaven, and on earth peace

among those whom he favors."

I know we had to go to Bethlehem right away to Shepherd 1:

confirm what the Lord had revealed to us.

Narrator: The shepherds immediately went to Bethlehem and

found Mary and Joseph, and the baby lying in the

manger.

Shepherd 2: When we left Mary and Joseph, we told everyone

we saw about their baby! It was wonderful!

Narrator: Everyone who heard the shepherds' story was

> amazed. The shepherds returned home, glorifying and praising God for all they had

heard and seen.

(Based on Luke 2:8-20.)

